PAROCHIAL ADMINISTRATOR Fr. Joseph Richards (Fr. Joe) Rectory: 400 Congress Ave, Viroqua, WI 54665 Cell Phone: 608-606-9787 Email: fatherjoerichards@gmail.com Office Hours in Coon Valley Sacristy: Tues. 1:00 PM until Mass time Thurs. after Mass until noon and by appt WEEKEND MASS SCHEDULE Saturday	St. Mary's Parísh 900 Central Ave., Coon Valley, WI 54623
Sunday	Phone: 608-452-3841 Website: <u>stmarycv.org</u> Facebook: www.facebook.com/ StMarysCoonValley
PARISH OFFICE Amy Stafslien, Admin. Assist608-452-3841 Bulletin deadline: Wednesday noon E-mail: <u>stmaryscv@mwt.net</u> Open most Wednesdays and Thursdays	68
COORDINATOR of RELIGIOUS EDUCATION Vacant	
PARISH FINANCE COUNCIL Nancy Peters (Secretary), John Mislivecek, Bryan Berg and John Roesler (Buildings and Grounds)	
 PARISH PASTORAL COUNCIL Ryan Goodwin, Marlene Humfeld, Sue Humfeld, Lori Pedretti and Steve Schulte. (1 appointed vacancies) PCCW - Parish Council of Catholic Women 	
Clarice Kammel (President), Nancy Peters (Treasurer), Linda Berg (Secretary) ORGANISTS	
Mary Beth Smith, Linda Schulte, and Chris Carskadon. Fr. Joe also serving: Annunciation of the BVM Parish, Viroqua Mass Times: Weekend6:30 PM Sunday10:30 AM Weekday: Wednesdays - 6:30 PM & Fridays - 8:00 AM	
New Parishioners: Welcome to our parish! Please introduce yourself to Fr. Joe and contact the parish office for registration and information. <u>www.stmarycv.org/visit-us</u>	
Sacrament of Reconciliation: Call or email Fr. Joe. You can also use our website under the Sacraments tab: https://www.stmarycv.org/sacraments	6 TH SUNDAY IN ORDINARY TIME
Sacrament of Baptism: Please submit a registration by mail, or e-mail to both <u>stmaryscv@mwt.net</u> AND <u>fatherjoerichards@gmail.com</u> You will be contacted by the parish office to finalize your requested date. The registration form at: <u>www.stmarycv.org/sacraments</u> .	"Again you have heard that it was said to your ancestors, Do not take a false oath, but make good to the Lord all that you vow." - Mt 5:33
Sacrament of Anointing / Visitation of the Sick: Please contact the parish office or Fr. Joe when someone you know is in need of the Sacrament or a pastoral visit. Requests may also be made from our website under the Sacraments tab. <u>www.stmarycv.org/sacraments</u>	Fr. Joe Ríchards February 12, 2023
Mass Intentions: Please use the Mass Intention envelopes available in the church.	February 12, 2023
Book of Praver Requests: Located in the back of church.	

Readings: 593A

Book of Prayer Requests: Located in the back of church. Feel free to add your own prayer requests. The requests will be included in the parish prayers.

St. Mary's Parísh, Coon Valley, WI Sixth Sunday in Ordinary Time



distribution (QCD) of up to \$100,000 a year from your **IRA directly to a charity**. The distribution won't show up in your adjusted gross income and CAN count toward your required minimum distribution (RMD). The QCD allows you to be more strategic with your RMD. Consult your tax advisor before making any decisions. If a QCD is for you, please consider St. Mary's Parish as your charity of choice.

Sign in using **AmazonSmile** and select St. Mary Parish as your preferred charity at <u>smile.amazon.com/ch/39-1218730</u>. Remember to shop for deals at **smile.amazon.com**, or with Amazon Smile ON in the Amazon app, and AmazonSmile will donate to us at no cost to you."



averages 3% for debit/credit cards and \$.75 for EFT/ACH.

Your contribution will be recorded for the full amount).

From the Parochial Administrator

Hello friends, Just a few weeks ago I shared a few bits about our transition from Advent/Christmas to Ordinary Time. We're already coming up on another transition with Ash Wednesday landing on February 22. Unless something dramatically changes I plan to share a bit about this at Mass too, but bear with me while I put in writing a few thoughts on Lent.

First, let's try and answer the question "what are we doing with this season?" Just like Advent is a season of preparation for Christ's birth and just like we prepare ourselves for his light breaking into our darkness by first acknowledging the dark places in our own hearts where we need his light, Lent is a season of preparation for Christ's death. Perhaps my favorite piece of Catholic imagery is that we keep Christ's body on the cross. We're not afraid to acknowledge the fact that Jesus did die for us and that his death still has an impact on us – that the way his suffering and death lead to his resurrection gives us a pathway for our own suffering and death to open us up to resurrection too. All that's to say that Lent is a beautiful season to ask the question, "what in my heart do I need to let die so it can be drawn into Christ's resurrection?" The resurrection will come and we'll celebrate it even longer than we work through Lent, but this part comes first.

Second, allow me to give you a specific recommendation on how to approach the Lenten season. If at 32 years old I am still doing the same thing I did for Lent when I was 14 years old – giving up sweets – I've got a big problem. The spiritual practices that work for a 14-year-old work for a 14-year-old with 14-year-old problems. They probably won't work for a 32year-old with 32-year-old problems. Don't take this as an authoritative mandate so much as a spiritual recommendation, but if it's time for a shakeup, try breaking up your Lenten preparation into three categories: prayer, fasting, and almsgiving. Don't feel like you have to do everything – adding in just one concrete element from each of these categories can make for a very helpful Lent.

- Prayer: how can I spend concrete extracurricular time with the Lord this season? Use this as a chance to develop your relationship with the Lord.
- ⇒ Recommendations: join us for Stations of the Cross on Wednesdays at 5:15; come to one or more of our daily Masses; wake up thirty minutes earlier, make a cup of coffee, and pray with the readings for the next weekend's Masses.
- Fasting: how do I need to get over myself, or how can I give up something good for something better? Use this as a chance to weed out things that are getting in the way of your relationship with the Lord.
- ⇒ Recommendations: give up streaming (Youtube, Netflix, etc.) for the season; turn off social media; make Wednesdays and Fridays intentional fasting days (two small meals and one regular meal, without snacking in between); stop complaining, and when you do complain make a note of it and bring it to confession.
- Almsgiving: how do I use something good in my life to help someone who needs it more? Use this as a chance to let yourself be uncomfortable and help someone else out.
- ⇒ Recommendations: Volunteer weekly at the food pantry; volunteer to help the PCCW with funeral luncheons; double your regular tithing (whether here or somewhere else – I'm not trying to sucker more money out of you); have a weekly date night with your spouse.

So there you go -a few things to think about. Lent doesn't last forever -it's a very self-contained 47 days to zero in on where we need to grow. In a very undramatic way, let's make Lent a life-changing season this year! God bless you, Fr. Joe

Parish Announcements

Men's Club Active Again

The Men's Club is back. We will host a meeting on Monday, *February 20th at 6:30 PM* in the church basement. All men of the parish are invited to attend!

Capital Improvement Donation Received

Last week we received an anonymous donation of \$1,000.00 to be used to help cover last falls expense to carpet the front steps. We thank you and are grateful for your generosity.

2022 Contributions to Bethel Butikk Food Pantry

Last year St. Mary's donated a total of \$661.88 to the Food Pantry. The Butikk sends their appreciation for your contributions and appreciate your continued support to help the needy in our community.

AmazonSmile to end Feb 20, 2023

Please place your orders by February 20th to help St Mary's. Amazon has decided to end the program and will winddown it's operation on February 20th. Until this date, customer purchases made via AmazonSmile will continue to accrue funds for St. Mary's as normal. If you haven't used AmazonSmile please do so now before the program ends. Sign up at: *smile.amazon.com/ch/39-1218730*. Thank you!

Birthright Baby Bottle Champaign



The annual fundraiser for Birthright of La Crosse is here. Grab a baby bottle from the back of church, take it home and fill it with your spare change. Birthright is an international volunteer organization with a La Crosse chapter since 1976. Birthright is available to those with an unintended pregnancy to provide information, a listening space, and love, along with referrals and emotional and spiritual support when needed. Please read the insert and

return at your earliest convenience (by dropping in the collection plate) before or on Sunday February 26, 2023. Thank you and know your pro-life support will be appreciated by moms, dads, and babies to be.

PCCW Announcements

The Holiday Craft show in December was a success with a profit of \$2,331. Thank you to everyone who helped make it a success.

Book Discussion Group - Would you be interested in learning more about your Catholic faith? Those interested will study the **Catechism of the Catholic Church** by using a book written by Christopher Ruff called **Unlocking the Beauty of the Catechism: The Creed**. The first meeting will be held on Thursday, February 23 at 8:30AM. Future meeting dates/time will be scheduled at that time as well as format of the discuss. Please join us on February 23 to learn more.

Parish Social - There will be a parish social after mass on **Sunday, February 26**. If you would like to donate food for the event please sign up in the bake of church.

Roasters for Sale - The PCCW as purchased new roasters for the church kitchen. Now they would like to dispose of the old ones by allowing parishioners to purchase them for \$5 each. If you are interested in purchasing a roaster contact Clarice Kammel at 608-792-2198.

Next PCCW Meeting will be held on March 16th at 5:30PM. We will be making final plans for Fr. Joe's installation as our new pastor. Please attend if you are able.

Diocesan/Local Announcements

Chicken Que & Bake Sale - Sunday, Feb. 12 11 AM - gone. Tippy Toe Inn, Chaseburg. \$12, eat in or drive thru, includes 1/2chicken, baked potato, cole slaw & bread. Proceeds to the American Cancer Society.

St. Joseph Ridge Family Fun Night - Friday, Feb. 17

All are welcome to attend. 6:00-9:30 PM. \$10.00 gets you food and drink and entry for door prizes. Games, cash raffle, and fun.

Fat Tuesday Party - Feb. 21

Fat Tuesday party on February 21 at the La Crosse Bierhaus. For more Mardi Gras information,

Visit: www.lacrossemardigras.com/ All are invited to these events in support Aquinas Catholic Schools with funds raised going toward classroom needs, tuition assistance, technology, and fine arts programs.

Euchre Tournament and Luncheon - Feb 26

St. Peter Parish in Middle Ridge will be holding their Annual Cabin Fever Fest on Fe 26th. Doors open at noon, cards start at 1 PM. 1st-4th place prizes awarded. Soup, snacks and beverages included in the price. Questions conatce, 608-486-2180 or email: stpetersrectory@centurytel.net.

Do you have a need for healing - spiritual, physical, psychological, emotional? - Feb 27

Join us for Mass and a Healing Service on Monday, February 27th at Sacred Heart Church in Cashton, WI (1205 Front Street) Schedule of Evening. 5:30 pm - Adoration of the Blessed Sacrament begins The Sacrament of Reconciliation will be available throughout the evening beginning at 5:30 pm. 6:30 pm -Holy Mass After Mass - Adoration continues with Prayers of Healing & Deliverance Our clergy and prayer teams will pray over those who desire it.

Join St. Joseph Ridge Parish for the Eucharist Lectio Series with Brant Pitre. Starting Feb. 28th at 6:15 in the school hall. Please call Stacy Burns at 608-769-8828 to express interest or to ask questions. This 10 session series explores Scripture, history and Church teaching to illuminate the wonder and the MIRACLE OF THE EUCHARIST.

A Minute with Jesus

~A Minute with Jesus ~ Jesus wants us to know He is continually with us. Often times, our mind begins to wander at Mass because we only see bread and wine. What contributes to our distractions is the bombardment of noise and images in our mind that come through our physical senses (hearing, seeing). Therefore, we are much less attuned to the world of the spirit and the much deeper spiritual realities that are right here, all around us. Let's pray this right now and every day this week: Jesus, help me to learn to be guiet and reveal to my heart the truth the Eucharist is really You present

under the appearance of bread and wine.

This week, read about Jacob in the desert, who was very much afraid, and came to realize that God was present right there with him. As with Jacob, we can say as we pray before the Blessed Sacrament, "Surely the Lord is in this place, and I did not know it." (Genesis 28:10-17)





PLEASE REMEMBER IN YOUR PRAYERS

• Those suffering from the Coronavirus and those who are working tirelessly to help the ill recover.

• The military men and women who are supporting our freedom.

• Our political leaders, may their decisions be made for the good of all citizens.

- For those fighting cancer, especially members of our parish.
- For children suffering with life threatening conditions and illnesses.
- The intentions listed in our parish Book of Prayer.
- Consecration of Russia and Ukraine to the Immaculate Heart of Mary.

To add a request call 608-452-3841 or email stmaryscv@mwt.net

Activity Corner

Psalm 119 Word-Find



end.



Blessed are they who FOLLOW the law of the LORD.

Blessed are they whose way is BLAMELESS, who WALK in the LAW of the Lord. BLESSED are they who OBSERVE his DECREES. who SEEK him with all their heart.

You have COMMANDED that your PRECEPTS be DILIGENTLY KEPT. Oh, that I MIGHT be FIRM in the ways of keeping your STATUTES!

Be GOOD to your SERVANT, that I MAY LIVE and keep your WORDS. OPEN my EYES, that I may CONSIDER THE wonders of your law.

If you obey God's law, ____